

Don't miss out!

Sign up now!

Line Dance Classes with George Maloof

How do you think Zumba got started anyway? Line dancing is a great intro to many other types of dance. Perhaps you are looking for something to do with friends or on your own. This just might be the right activity for you. Join George for a late morning of line dance to get your Saturday started with a mind and body workout. Workouts are considered low impact cardio and music includes: hip hop, Latin, pop, swing, and country

- Where: Holderness Town Hall
When: Saturday's ongoing
Time: 11— noon
Ages: Adult or 15+ w/adult
Cost: \$25 for 4-weeks or \$7 drop in



Come on down and join us.
You may call Wendy at 968-3700 or email
holdrec@roadrunner.com for more information.

Get in shape!

Lots of fun!