



Holderness Recreation Department Spring 2010 Programs



From the Director's Desk

Welcome to the spring 2010 flyer. We have been hard at work finding new and interesting program ideas for this season and hope you will find something that interests you to try. One really exciting program is the new Jr. Team Tennis Quickstart League. We are hoping to have this off the ground for the summer. This league will be geared towards U12 players. We are also looking into hosting 2 or 3 Adult Tennis Socials starting this spring. If you are interested in either of these activities, please come to an informational meeting on Wednesday, March 31st at 6pm at the Holderness Central School.

Also in this flyer you will find information about Dan Grady and his Marvelous Marionette Medley, who will be visiting us on April 20th.

New this spring, we are hosting an informational meeting on Backyard Beekeeping. If you are currently beekeeping or interested in getting started you won't want to miss this evening. See inside for details.

There is information about a Parent Teen Volleyball night, April vacation week activities, free family camping on Moon Island, swimming lessons and so much more.

Be sure to mark your calendars for the 1st Annual StoryWalk that is going to be held on

Thursday, July 1st at 10am. We have teamed up with Squam Lake Natural Science Center the Holderness Free Library and Innisfree Books to bring this blend of literacy, nature and recreation together for you.

Lastly I would like to congratulate the 11 participants of our first Babysitter Training course. On February 24th, amidst the snow, these 11 students were fully engaged in the 7 hour program. We are lucky to have these aspiring babysitters in our town and I applaud them for their hard work.

Yours in Recreation,
Wendy Werner
Recreation Director

April Vacation Week

Dan Grady's Marvelous Marionette Medley



Celebrate and welcome spring with this award winning performance. Dan has been perfecting his performance for over 30 years. He makes all of his own marionettes and writes his own music. This show is lively, funny and highly entertaining. Bring your Camera!

Who: Anyone who is interested
When: Tuesday, April 20,
Where: Holderness Central School Gym
Time: 10AM sharp
Cost: \$3.00 per child 3 and up

There will be an opportunity to meet the cast after the show

\$1 donation to our Scholarship Fund is also requested.
Parents & kids under 2 are free.

Spring Lacrosse Clinic

Ever wanted to learn a new sport but didn't quite dare to join a team? Now's your chance – Come learn the exciting game of lacrosse. Learn the basic rules and how to Pass, catch and cradle the ball. Boys & Girls grades K-6 are welcome **Dates:** Saturdays, April 3 & 10, New Hampton Prep School (indoors or on turf) & Saturdays, April 24 & May 8 at Husky field on Smith Bridge Rd in Plymouth. **Cost:** \$20 includes T-shirt **Time:** 9—10:30 am. Questions? Call Michelle Sirles at 536-4422



Youth Lacrosse Program

Lacrosse season is here and if you are looking to register, go to www.plylax.org If you have any questions email: plymouthlacrosse@yahoo.com or plylax@gmail.com They are also on Face Book now under the page "Plymouth Lacrosse". Plymouth Lacrosse is also looking for coaches for the following teams. Boys U-13 & U-15 and Girl's U-13 & U15. Email for more information.



2010 Lakes and Mountains

Summer Jr. Team Tennis League

We are working with the United States Tennis Association to develop more tennis programs in our area. Last year we introduced a 7-week tennis program called Quickstart tennis and had a great response. On March 31st we will be hosting an informational meeting and demonstration for players, parents and interested coaches to talk about the idea of starting a Jr. Team Tennis Quickstart League and register players.

This league will include Holderness, Moultonborough, Ossipee, Wolfeboro and Conway teams so far. However, if people are interested from other areas, they are more than welcome to play too!

You need not have experience to join this league, just an interest in Tennis and a willingness to play!

Season Details & Benefits:

- Matches will be held Tuesdays 7/13, 7/20, 8/3 at or after 5:30 PM
- Players will play multiple matches each match day to reduce days of travel. Season ending carnival August 10th
- Teams will be scheduled for a minimum of six matches
- Registration includes Nike Dri-fit Team Uniform, and Subscription to "Smash" Tennis Magazine, and USTA Membership
Rain dates will be Thursdays of the week of scheduled matches

Who should come?

Tennis Enthusiast and Interested Players
Kids ages 5—12
Adults
Parents

Wednesday, March 31st at 6pm

Holderness Central School Gym

Also on the docket this evening will be Adult Tennis Socials—Coming this spring—fall.



Registration Information

You may register for programs by downloading a registration form at www.holderness-nh.gov under the recreation department page. Please complete the form and send it in with your payment. We only accept cash or checks made out to Holderness Recreation Department. Please do not mail cash. Some programs require separate registration information.

Policies

Refund Policy

If we cancel a class, program or trip we will refund you 100%

Refunds for programs vary depending on the class. If we have made a commitment to the instructor based on a minimum number of participants, then refunds will not be granted.

If we are able to fill your spot from a waitlist or if your request is made prior to our commitment to the instructor then a refund may be granted.

SummerEscape

This program does not qualify for a refund / credit once the week or session, for which you are enrolled in begins. Refunds must be requested at least one week prior to the start of a week or session.

Photo Policy

By signing our registration form or participating in our programs you are giving us permission to take and publish photos of your participation. Pictures may be used in the brochure, papers or other promotional materials. If you do not want photos of you used, please include this request in writing along with your registration form.

Library News

Sunday, March 28th Regina Delaney Irish Harp and whistle duo 'Reaganta'. 1:00pm Town Hall

Also, in March a new **storytime** will start at the Library call for times and dates 968-7066.



Beekeeping

Join Gerard Godville from Pemi-Baker Beekeepers Association for an interesting program on beekeeping. Have you thought about starting your own backyard hive? Are you curious about how honey is collected? If so then join us as we learn about the History of bees, components of a hive and bee activity and extraction of honey and the production and sale of honey.

Monday, April 26th at 6pm at the Holderness Fire Safety Building. R.S.V.P. 968-3700 so we know how many to expect.



April Vacation Activities

Pee Wee Soccer

You and your child will enjoy 3 classes of soccer as a time to learn a little about the sport in a non-competitive atmosphere using simple skills, child friendly games like red light green light and more. Maximum of 8 kids per session. Reg. By 4/15.

Who: 3 -5 yrs 9:30-10:15

When: April 19 & 22 & 23

Where: HCS Gym

Cost: \$25



Quickstart Sampler

Quickstart Tennis is an exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. To learn more about the national program go to www.quickstarttennis.com

Who: Ages 4-6 years 10:30-11:30

Ages 7 & 8 years 11:30-12:30

When: 4/19, 4/22 & 4/23

Where: Holderness Central School

Cost: \$25

Swimming at PSU Pool

Children must be accompanied by a responsible adult in the pool. This is tentative, please call to confirm and for time. Friday, April 23rd

Cost: \$3 per person



Free Family Camping on Moon Island

Squam Lakes Association is offering the use of their canoes and a Moon Island campsite on Saturday, June 12th to Holderness Residents at no cost. The campsite has a maximum capacity of 12 people. A responsible adult must accompany children. Participants are responsible for their own camp supplies & meal planning. Firewood should be purchased at SLA on your way to the campsite for \$6/bundle. Please register by June 1st. **Thank You SLA!**



Swimming Lessons

We are currently searching for a swim lesson coordinator and instructor for this program. We are planning to offer lessons in the same format as last year, but at time of print, the schedule has not been set. Feel free to call for more information.



Parent Teen Volleyball

We are looking for parents and teens ages 13-16 that may be interested in playing volleyball one night a week. If you are interested, please call the office at 968-3700 and leave your name. If we have enough interest we will try to get a program started.



Bugs, Blades, Bubbles & Birds

Preschool age class designed to explore our outdoor environment. We will meet at the Holderness Town Hall and head to the Pilote property on Beede Rd. From there we will take a walk in nature along a babbling brook and discover small bugs, blades of grass and birds. We will end the day with a round of bubble blowing and a snack. Bring your own snack and register by June 1st. Cost is \$7

When: Monday, June 7th

Time: 10AM (At the Conservation lot in front of the Town Garage)



StoryWalk

The StoryWalk TM Project was created by Anne Ferguson of Montpelier, VT and developed in collaboration with the Vermont Bicycle & Pedestrian Coalition and the Kellogg-Hubbard Library.

Holderness Library, Holderness Recreation Department and the Squam Lakes Natural Science Center join forces in collaboration with Innisfree Bookstore and MSVB to bring you a Storywalk. Join us for two wonderful stories this summer *Bat Loves the Night* in July and *Nuts to You* in August.

The walk will be located behind the parking for the Squam channel boat access and will be accessible at no charge. Please join the fun as we kick off this event on Thursday, July 1 from 10:00 AM to 12 Noon with fun for the whole family and we'll even have live bats! No reservations required.



You ask. We listen. Together we solve.



Thursday, July 1st 10 am
Rain or Shine

Field behind State Boat Launch
Crafts and light refreshments will also be available



Archery Clinic

Marcia Wyman of New England School of Archery will join us again on Monday, July 28th for a quick clinic. This is a great way for kids to get a glimpse of what archery looks like.

Where: Holderness Central School

Time: Ages 7+ from 9:30-10:30

Cost: \$15



Did you know April is National Garden Month?



SummerEscape 2010

For kids in grades K—8

Early Bird Discount!!!

From 3/1/10 – 3/31/10, 10% off program fee

Recruit a friend and get a hat!!!

New Things are happening this summer at Holderness Recreation

Holderness Recreation Summer Escape is designed to get back to the basics of summer time fun for kids. One of our goals is to provide outdoor fun in a relaxed, safe and caring environment while allowing children to be children and learn through play.

Extra Weeks Return: The 9-Week program will return this summer after a successful season last year. You asked for a longer program, we offered and you attended. We are happy to say that the 2010 program will run from 6/21—8/20. The start date for the program may change depending on Mother Nature and Snow Fall.

The program will have a similar schedule as last year, but will be enhanced with new field trip offerings, special guests and events.



Swimming Lessons weekly with Kierin

Children may participate weekly or in the designated 2-week sessions. please call for a complete packet.

SummerEscape welcomes campers age 5 to grade 8. There will be opportunities for age appropriate activities, individual challenges, team challenges and whole program challenges. New this year, grades 3—8 may have opportunities to go on different field trips than the younger ones. Program hours are Monday to Friday, 8:00 AM to 4:30 PM.

Optional Play to Learn Tennis: For a nominal fee your child will have the opportunity to learn to play tennis this summer. Will Abbott is returning, not only as a counselor, but as our in house tennis instructor. Tennis is a lifetime sport, you only need to learn it once and it will be with you your whole life.



Parents With Talents

Do you know how to Geocach? Lead Orienteering, or Identify Bugs? If so, we would love to have you as a guest this summer to help enhance our program. We are also looking for reusable items like toilet paper rolls, empty liter bottles and fabric or cloth scraps.

Camp Scholarships

If you or someone you know is having second thoughts about sending a child to our summer program. Call us and let's talk. We have scholarship funds available for residents, but may also have resources outside of our community for non-resident participants.

We would like every child to have the opportunity to go to camp if they would like to.

Multiple children & all summer discounts available.

Please feel free to call with questions regarding the fee schedule or any aspect of the program.

Tentative Theme and Trip Schedule at a glance

- 6/21 Week 1 – **Soccer Week** with Goals Galore
Soccer, day camp and a guest speaker 
- 6/28 Week 2 – **Backwards Week**
Bring your Lego's
Swimming
- 7/5 Week 3 – **Wet N Wild Week**
Whales Tale grades 4—8
Hobo Hills / Train grades K—3
Water Balloons, Sponge toss and more 
- 7/12 Week 4 – **Nature Week**
What's in our Back Yard? Bugs, plants, trees, etc.
Bee Keeping presentation
Audubon and Planetarium 
- 7/19 Week 5 – **Animal Week**
Trip to NHSPCA & pet food drive
Visit from State Troopers K9 Unit 
- 7/26 Week 6 – **Sport Week**
Wellington State Park – beach & hiking on the Elwell trail to Goose Pond
Olympic Zone
Archery Clinic 
- 8/2 Week 7 – **American Idol / Camp Talent**
Enfield Roller Skating for 4th to 8th
FunSpot bowling for K – 3rd grade
Play for Parents on Friday 
- 8/9 Week 8 – **Sciensational –Harry Potter**
Join the Magical Mystery Tour
Half Day Trips 
- 8/16 Week 9 – **Variety Week**
Beach, Skating, Swimming, SLA and More!
Friday at HCS Last day of camp season 

Schedule is subject to change without notice

Sciensational Workshops



Harry Potter - Join Our Magical Mystery Tour -

All aboard for lots of hands-on fun. Join in the escapades of Harry and his friends. Play quidditch. Write with invisible ink. Make an edible wand. We will brew some fantastic potions to drink. Let's create and watch some fantastic chemical reactions. Watch a mirage appear. You won't believe it! Wonder where the sorting hat will place you? Make cool crystals. Come join us where the magic of science, art, and literature meet. Harry, Ron, and Hermoine are waiting for your arrival! Experiment with colored magic sand. See a mysterious glowing ball. **Ages 6-11**

This program can either be taken as part of SummerEscape or separate. You do not have to be enrolled in SummerEscape to take this class. There is a separate fee for this class.



Early Bird Exercise

This class is for everyone who has endless excuses about not exercising ... What else is going on at 5:30 AM. So come out and join us for a great eye opener at a great price with great people. Our workout will incorporate aerobic workouts, free weights, stability balls, and even utilize hallways and stairs at the school. New Class schedule will be Mon, Wed., and Fri., from 5:30—6:30AM. The next session starts March 15th. Cost is \$50 for a 8-week session. **Instructor:** Anne Packard



Volleyball

Tried and true, this program is a keeper. Come to the Holderness Central School Tuesday and Thursday nights from 7:00—9:00PM. Join our drop in group for a night of great athletic fun. The cost is only \$5 for the whole season and you can't beat that! We welcome players ages 16 and up at all levels. Just show up ready to play and complete a registration form.

Goals Galore Soccer

Shawn Griffin and his crew will be returning again this June to offer their ever popular soccer camp. The camp will tentatively be from 6/21—6/25. A separate registration will be sent through school in April.



Give the Gift of Recreation

by giving to our scholarship fund. This fund is used to offset program fees for families / participants that may not be able to afford a program on their own. We greatly appreciate and accept donations of any size. You may send checks made out to Holderness Recreation, with a note that it is for the Scholarship Account. Last year we sent three children to our summer day camp with this scholarship account.



Calling all Gardeners...

The Town of Holderness is looking for a group of interested gardeners to take on the role of rehabbing and maintaining the Town Hall Garden. This spring, Fran Taylor will be coordinating a work party to bring this garden back to it's original beautiful state. We have two names on our list so far. Please forward your name to the town offices if you are interested.



Also, she will be looking for donations of healthy & hardy plants e.g. hybrid daylilies, herbs (as groundcover) and other plants that can tolerate a rather harsh environment.

Recreation Board Members

Tom Stepp, Chairperson
George 'Biff' Sutcliffe, Secretary
Shelly Swanson
Janis Messier
Fawn Ouellette
Bob Stark

Holderness Recreation relies heavily on it's volunteer board members for oversight of the department budget, program review and the Town Beach. The committee meets once per month at Town Hall. If you would like to take an active role in your recreation department, please complete a volunteer application which you can find at Town Hall.

Livermore Town Beach

Beach passes and copies of the beach rules are now available at the Town Clerk's office in Town Hall. Passes are \$15 and are issued to Holderness residents and taxpayers. Passes must be purchased, and shown to the Beach Attendant on duty, in order to use the beach. Please read your copy of the beach rules and abide by them.



Resident Scholarships are available for programs, please call Wendy Werner 968-3700 for more information.

Holderness Recreation Department's Spring 2010 Programs

**A registration form is required for most programs
See our website for more programs and details at www.holderness-nh.gov.**

Holderness Recreation
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968-3700
holdrec@roadrunner.com
www.holderness-nh.gov

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POSTAL CUSTOMER

Registration Information

Holderness Recreation Programs are open to Holderness residents on a first come basis. The program fee and registration form must be submitted prior to the sign-up deadline. **Non-Residents please add \$5 to the program fee for most programs.** If class minimum is not met, class may be cancelled. Registration forms are available at the Holderness Town Hall, the Holderness Post Office, the Holderness Free Library, and on the web at www.holderness-nh.gov. **Please make checks payable to: Holderness Recreation** and mail to PO Box 203, Holderness, NH 03245. For further information contact Wendy Werner, Recreation Director at 968-3700, holdrec@roadrunner.com. Office hours are held at the Town Hall on a varying schedule.