

## **EXECUTIVE COUNCILOR 2005 REPORT**

### REPORT TO THE PEOPLE OF DISTRICT ONE

As one of your elected public servants, I am honored to report to you in my role as Executive Councilor for District One.

My Constitutional and legal responsibilities while serving in this position parallel those of a Board of Directors. We administer state law and budgets passed by the NH House and Senate. We also must comply with federal laws and regulations when we accept federal programs, projects and grants.

One responsibility of the Governor and Council is to seek citizens willing to serve on the state volunteer boards and commissions. It is important that your region be well represented. If you are interested in serving on a board or commission, please send your letter of interest and resume to my office or directly to Kathy Goode, Director of Appointments/Liaison to the Council, Governor's Office, State House, 107 North Main Street, Concord, NH 03301, Tel. (603) 271-2121. Visit the Secretary of State's website to see what is available/open at: [www.sos.nh.gov/redbook/index.htm](http://www.sos.nh.gov/redbook/index.htm)

Sources of information from my office to you include:

- The New Hampshire Constitution Official NH Highway Map
- Organizational Chart of NH State Government NH Political Calendar 2006-07
- NH Executive Council brochure
- Listing of toll-free phone numbers for resources and information.
- Effective email/website source includes:
- [www.nh.gov](http://www.nh.gov) for all state agencies; executive, legislative, state personnel, licensing boards, and much more.
- [www.nh.gov/council](http://www.nh.gov/council) includes duties, minutes of meetings, agendas for upcoming meetings and the history of the Executive Council. [bcheney\(a\)nheom.state.nh.us](mailto:bcheney(a)nheom.state.nh.us) Bruce Cheney, Bureau Chief all emergency management matters.
- [www.gencourt.state.nh.us/house/members/](http://www.gencourt.state.nh.us/house/members/) All NH House Members email addresses.
- [www.gencourt.state.nh.us/senate/members](http://www.gencourt.state.nh.us/senate/members) ALL NH State Senate Members email addresses.

I am always available to assist you and your region in solving issues and concerns of importance to you.

### IT IS A PLEASURE TO SERVE DISTRICT ONE

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Sincerely Yours,  
Raymond S. Burton  
Executive Councilor

## **GRAFTON COUNTY SENIOR CITIZENS COUNCIL, INC. ANNUAL REPORT 2005**

Grafton County Senior Citizens Council, Inc. is a private nonprofit organization that provides programs and services to support the health and well being of our older citizens. The Council's programs enable elderly individuals to remain independent in their own homes and communities for as long as possible.

The Council operates eight senior centers in Plymouth, Littleton, Canaan, Lebanon, Bristol, Orford, Haverhill and North Woodstock, the information and assistance program Grafton County ServiceLink, and the Retired and Senior Volunteer Program and Volunteer Center (RSVP). Through the centers, ServiceLink and RSVP, older adults and their families take part in a range of community-based long-term services including home delivered meals, congregate dining programs, transportation, adult day care, chore/home repair services, recreational and educational programs, and volunteer opportunities.

During 2005, 72 older residents of Holderness were served by one or more of the Council's programs offered through the Plymouth Regional Senior Center:

- Older adults from Holderness enjoyed 1,090 balanced meals in the company of friends in the Plymouth center's dining room.
- They received 1,424 hot, nourishing meals delivered to their homes by caring volunteers.
- Holderness residents were transported to health care providers or other community resources on 23 occasions by our lift-equipped buses.
- They received assistance with problems, crises or issues of long-term care through 44 visits by a trained social worker or contacts with ServiceLink.
- Holderness's citizens also volunteered to put their talents and skills to work for a better community through 1,000.25 hours of volunteer service.

The cost to provide Council services for Holderness residents in 2005 was \$16,977.10.

Such services can be critical to elderly individuals who want to remain in their own homes and out of institutional care in spite of chronic health problems and increasing physical frailty, saving tax dollars that would otherwise be expended for nursing home care. They also contribute to a higher quality of life for our older friends and neighbors. As our population grows older, supportive services such as those offered by the Council become even more critical.

Grafton County Senior Citizens Council very much appreciates Holderness's support for our programs that enhance the independence and dignity of older citizens and enable them to meet the challenges of aging in the security and comfort of their own communities and homes.

Roberta Berner, Executive Director  
Grafton County Senior Citizens Council, Inc.

**STATISTICS FOR THE TOWN OF HOLDERNESS  
OCTOBER 1, 2004 TO SEPTEMBER 30, 2005**

During the fiscal year, GCSCC served 72 Holderness residents (out of 345 residents over 60, 2000 Census).

<u>Services</u>	<u>Type of Service</u>	<u>Units of Service</u>	<u>x</u>	<u>Unit (1) Cost</u>	<u>=</u>	<u>Total Cost of Service</u>
Congregate/Home						
Delivered	Meals	2,514	x	\$6.30		\$ 15,838.20
Transportation	Trips	23	x	\$10.84		\$ 249.32
Adult Day Service	Hours	0	x	\$12.25		\$ 0.00
Social Services	Half-hours	38	x	\$23.41		\$ 889.58
Activities		189		N/A		
ServiceLink		Contacts	6			
Number of Holderness volunteers: 9 . Number of Volunteer Hours: 1,000.25						

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GCSCC cost to provide services for Holderness residents only	\$16,977.10
Request for Senior Services for 2005	\$2,175.00
Received from Town of Holderness for 2004	\$2,175.00
Request for Senior Services for 2005	\$2,175.00

NOTE:

1. Unit cost from GCSCC Statement of Revenue and Expenses for October 1, 2004 to September 30, 2005.
2. Services were funded by Federal and State programs 56%; municipalities, county and United Way 9%; Contributions 10%; In-kind donations 16%; Friends of GCSCC 7%; Other 2%.

## **HISTORICAL SOCIETY REPORT 2005**

The past year was a very busy and exciting one for the Holderness Historical Society.

We continued our once a month, Tuesday evening lecture programs. We enjoyed potluck suppers and interesting discussions on such topics as beekeeping, and Yankee humor. Town Librarian, Suzanne Peoples shared her knowledge of spinning and weaving. And, Police chief Jake Patridge discussed the serious problem of identity theft.

In October the Historical Society hosted a reception for Helen Miller, Holderness' oldest resident. Society President Jacqueline Marden presented Mrs. Miller with the Boston Post cane. Sadly Mrs. Miller recently passed away.

This year we finished insulating the Society building and purchased a dehumidifier to help with excess moisture brought on by summer weather. These two improvements have made the building even more pleasant for our visitors. We also purchased new picnic tables to be used by the many friends who rented our facility.

We would like to thank the Masons and Bill Phippen for donating file cabinets. These cabinets have been a big help in organizing our historical records and documents. We also wish to thank Lynn Hansen for the lovely settee that now graces the front of our building.

Our heartfelt thank-you goes to Margie Maybeck for her efforts as our treasurer over the past few years. Margie resigned this post in June. Connie Ross agreed to take over this very important position.

We wish to thank the citizens of Holderness who year after year support an appropriation to the Society. And our continued thanks to our patrons and local businesses that have contributed time and money this past year. We use these funds prudently in our efforts to preserve and present the great history of Holderness and central New Hampshire.

We welcome you all to visit the Historical Society building located at Curry Place and encourage you to join us this summer for one of our many programs.

Respectfully submitted,  
Jacqueline B. Marden, President

## **INTER-LAKES DAY CARE CENTER 2005 REPORT**

The Inter-Lakes Day Care Center and Nursery School's early childhood program provides developmentally appropriate infant, toddler, and preschool education, as well as school age extended-day programs within a safe and nurturing environment. Guided by professional staff, our community's youngest citizens are successful in developing physically, socially, emotionally, and cognitively. Additionally, our programs respond to the needs of local families by providing morning preschool programs, summer and vacation day camp programs, and USDA approved hot meals and snacks. Other services include special needs support, dental care, kindergarten transportation, and sponsorship of 26 home daycare providers in the greater Lakes Region.

In conjunction with the State of New Hampshire, through the Child Care and Development Fund, I-LDCC is able to provide sliding-fee scale tuition based on income and family size. This helps parents who are employed, in training, enrolled in degree or certificate programs, on job search or who are temporarily disabled. Supporting families on the road to economic self-sufficiency helps prepare a pathway to future success.

The children, families, and staff of Inter-Lakes Day Care Center extend a heartfelt thank you to the Town of Holderness for its continued support in this our upcoming 35th year.

Respectfully submitted,  
Connie Pelletier  
Executive Director

## **LAKES REGION PLANNING COMMISSION 2004 – 2005 (FY-05)**

The Lakes Region has changed tremendously in the past 20 years. Homes and businesses have expanded along major roadways, and many of our communities have experienced dramatic changes. This growth has resulted in a number of regional challenges. The Lakes Region Planning Commission (LRPC) is the area organization established to address the effects of growth at both the local and regional level. With a service area covering over 1,200 square miles in Belknap, Carroll, Grafton and Merrimack Counties, the LRPC provides a wide range of planning services to member municipalities. The Commission offers direct and support services ranging from technical assistance, geographic information systems, and transportation planning, to land use and environmental planning, and economic development. Local, state, and federal resources primarily fund the LRPC. We are contacted several times daily for answers to local and statewide issues. We also maintain a regular dialogue with state agencies as a resource for the entire Lakes Region. Our goal remains to provide support and leadership to the governments, businesses, and citizens of the Lakes Region.

Listed below are some of our services performed on behalf of Holderness and the region in the past Fiscal year:

- Currently working with the town on an update of the 1994 Holderness Master Plan. Attended several planning board meetings, and coordinated progress with local officials.
- Reviewed tax assessor and GIS database in the development of a digital land use map for the community.
- Co-hosted and organized three public Municipal Law Lectures where practicing attorneys provide a legal perspective on local planning, zoning and other municipal issues. Recent lectures included: the Basics of Subdivision & Site Plan Review, Land Use Law Update, and New Challenges for Municipal Regulation of the Environment. We are also preparing for the 2005 Law Lectures, in partnership with the NH Municipal Association.
- Planned the 20th annual household hazardous waste collection in the Lakes Region. Two consecutive Saturdays were designated as collection days for 24 participating communities. An estimated 20,000 total gallons of waste were collected, containerized, and transported to EPA approved end-of-life locations around the country.
- Ordered and distributed many copies of the NH Planning and Land Use Regulation books to local planning boards at considerable savings.
- Convened several meetings of the LRPC Transportation Technical Advisory

Committee (TAC) to enhance local involvement in transportation planning and project development. The TAC advises the LRPC on transportation projects of regional significance.

- Continued work on the Lakes Region Bicycle and Pedestrian Plan. This planning effort will help provide a blueprint for the location of local bike and pedestrian routes.
- Conducted over 150 traffic counts around the region, in cooperation with the New Hampshire Department of Transportation. LRPC is also assisting the DOT with the preparation of local road inventories, on a town-by-town basis.
- Participated on the Lakes Region Household Hazardous Product Facility board to explore the ways and means that the facility may encourage communities to participate in its use as members.
- Convened seven Commission meetings, including four area meetings, which featured a diverse range of topics from agriculture and its impact on the Lakes Region, septage management, the Lakes Region Household Hazardous Product Facility, and environmental legislation linked to the shoreland protection act and the reduction of mercury emissions from power plants.
- Continue to represent the region on several boards and committees related to the economic and environmental well-being of the region, e.g., the Belknap County Economic Development Council, NH Route 16 Corridor Advisory Committee, the Pemigewasset River Local Advisory Committee, etc.
- Prepared a draft interim regional plan for the Lakes Region, which includes updated regional planning policies and objectives. The interim plan will be reviewed for consistency after the state of NH completes the State Development Plan.
- Reviewed project proposals through the NH Intergovernmental Review Agreement that provides the region and local communities an opportunity to respond to applications seeking state and federal aid. LRPC reviewed many proposals having a combined investment total greater than \$15 million in the Lakes Region.
- Secured funding from the NH Emergency Management Bureau to assist local communities with the preparation of all hazard management plans.
- Produced a calendar of critical deadlines for March Town Meeting, and distributed it via our web site and regular mail.
- Distributed information to all communities regarding the 2005 Transportation Enhancement application process.

## **MEMORIAL DAY COMMITTEE**

### **2005 REPORT**

There was a record turn out for this years parade. Thanks to strong community spirit, those who gave so much for this country were well remembered. Three dozen flags were donated by the Dupuis-Cross American Legion Post # 15 of Ashland and were placed on local Veteran's Graves in eight Cemeteries around town. The American Legion participated in the Parade, performing a ceremony at Bridge Cemetery in the center of town and on the bridge over the channel. The parade Marshall was Thelma Hawkins. The Holderness Central School Band and the Baker Valley Band provided music. It is so great to see the Central School Band and how well they are doing. The parade had patriotic floats, bikes, walker's, fire trucks and antique cars.

We also had a contest with 6 prizes: Most Patriotic, Most Colorful, Most Original, Best Decorated, Most Spirited, and Best Family Participation. The whole event was great fun and a wonderful show of community.

Thanks to the Holderness Police and Fire Departments for all their help. And thank you to all who helped, participated and all who came to watch and remember this very important day.

Respectfully Submitted,  
Edward R. Ford  
Margaret R. Winton, Co-Chairmen

## **PEMI-BAKER HOME HEALTH & HOSPICE REPORT - 2005**

Board of Directors Representatives:

Bonnie Webb, Betty Nicholson, Edie Hamersma, and Lillian Plasse.

Pemi-Baker Home Health & Hospice strives to provide the citizens of Holderness with a multitude of services and programs. The goal of our services is to allow people to remain at home in a safe environment. Important initiatives during 2005 have been.....

- Monthly Foot Care Clinic at the Plymouth Regional Senior Center for the purpose of grooming toenails and recommendations to physicians if necessary.
- Training of Hospice volunteers to assist our Hospice patients and families. We currently have 15 appreciated volunteers. Quarterly Education programs for the volunteers to enhance their knowledge.
- Participation in the Plymouth Regional High School's Licensed Nursing Assistant training program. Provided a six week internship in Home Health for the students. Member of the Board of Directors for the program.
- Hospice Presentation to the Holderness School, Sophomore Class.
- Annual Hospice Tree lightings, hosted by Dresser's Unlimited and the Woodsville Bank. The Hospice Memorial trees honor past and present Hospice patients. A \$5.00 donation to the Hospice program gives the donor a light on the memorial tree in honor of their loved one.
- Held a Memorial Service at the Plymouth Methodist Church with family and friends of past Hospice patients to honor and celebrate the lives of these Hospice patients.
- Ongoing participation with Spere Memorial Hospital Wellness Series, including participating in Health Fairs for the citizens of Plymouth.
- Member of the Community Disaster Planning Committee with other professional community members.

Our mission as a non-profit organization is to serve citizens of Holderness and surrounding communities with appropriate Homecare services. We appreciate and thank you for your ongoing loyal support of our services and our staff.

Respectfully Submitted  
Gail Lary, Executive Director

## **PRIVATE WELL USERS**

Have you had your well tested recently?

Drinking water from private wells in New Hampshire sometimes contains contaminants at levels that can pose health risks. Only a water quality test, by a competent laboratory, can assure that your family is protected. A list of New Hampshire Accredited private and municipal Laboratories offering private water testing and interpretation is at [www.des.nh.gov/pdfs/labs\\_welltesting.pdf](http://www.des.nh.gov/pdfs/labs_welltesting.pdf).

What types of contaminants might be present in your well? The following contaminants, some naturally-occurring and others man-made, have been found in private well water in New Hampshire: Arsenic, Bacteria, Fluoride, Nitrate, Radium, Radon, Sodium, Uranium, and Volatile Organic Chemicals (VOCs).

Where can you learn more about this?

For further information, please visit the NN Department of Environmental Services' website at [www.des.state.nh.us/wseb](http://www.des.state.nh.us/wseb), then select "fact sheets," then 2-1.